



BRIGHTWAY AGING ADVOCACY

# Home Safety Planning Guide

Room-by-room considerations that can help reduce risk and support independence.

**Walk through the home slowly. Check what is safe now, what needs attention, and what might need professional help.**

Fillable guide with larger action-space boxes

**Brightway Aging Advocacy**  
Guidance | Clarity | Compassion

# Start Here: A Calm Walkthrough of the Home

This guide is not a substitute for a professional home assessment, therapy evaluation, or licensed contractor advice. It is a practical starting point for noticing risks, writing down concerns, and making a plan.

Basic information			
Person / household	<input type="text"/>	Date	<input type="text"/>
Primary concern	<input type="text"/>		
Mobility supports used	<input type="text"/>		

**Before you start, notice**

- Recent falls, near-falls, dizziness, weakness, or fear of falling
- New medications, sleepiness, low blood pressure symptoms, vision changes, or foot pain
- Bathrooms, stairs, oxygen tubing, pets, cords, rugs, or clutter that affect movement
- Times of day when risk is higher, such as nighttime bathroom trips or rushing to answer the door

**Big-picture notes / what worries us most**

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# Home Safety Action Plan

Choose the highest-priority items first. Some changes are simple. Others may require a physician, occupational therapist, physical therapist, licensed contractor, electrician, plumber, or trusted family support.

## Top priorities

Priority	Room / area	What needs to change	Who can help?	Target date

## People to ask for help

## Next review date

The goal is not to make the home perfect. The goal is to make daily life steadier, safer, and more supported.

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